

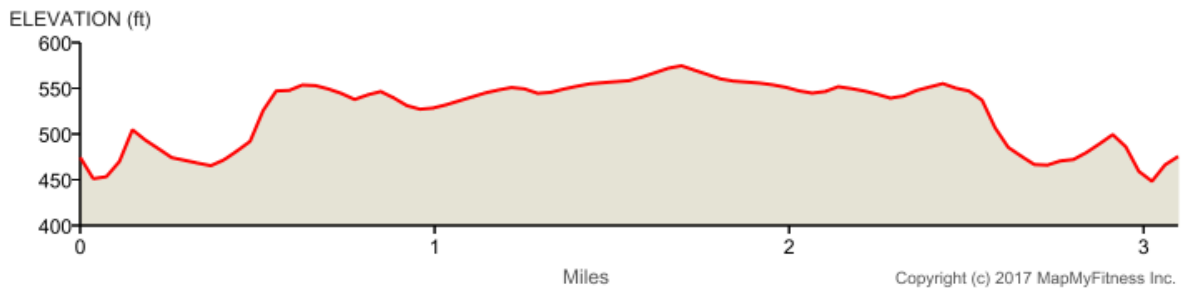


DeGray Tri 3.1 mile Run - 2018

Distance: 3.10 mi
Elevation Gain: 138 ft
Elevation Max: 576 ft

Notes

Course used for DeGray Lake Tri run and DeGray Lake Du 2nd run. Course Has 2 turn-a-rounds. Turn-a-round number one is at mile 1 on Forestry Circle Rd. Turn around number two is at mile 1.7 on Forestry Circle Rd.



0.00 mi	Head northeast Destination will be on the right
0.05 mi	Head east
0.11 mi	Head southeast toward Skyline Dr
0.14 mi	Turn left onto Skyline Dr
0.15 mi	Head northeast on Skyline Dr toward Forestry Cir/Old Hwy 7
0.84 mi	Head east on Skyline Dr toward Forestry Cir/Old Hwy 7
0.86 mi	Turn right onto Forestry Cir/I P Cir/Old Hwy 7
0.94 mi	Head south on Forestry Cir/I P Cir/Old Hwy 7
1.00 mi	Head north on Forestry Cir/I P Cir/Old Hwy 7 toward Valley St Continue to follow Forestry Cir/Old Hwy 7
1.26 mi	Head north on Forestry Cir/Old Hwy 7 toward AR-7 N
1.69 mi	Head southeast on Forestry Cir/Old Hwy 7 toward Valley St
2.22 mi	Turn right onto Skyline Dr
2.27 mi	Head west on Skyline Dr
2.93 mi	Turn right
2.97 mi	Head west Destination will be on the left
3.10 mi	Destination