



2017 Tri the Village
Balboa Rec area, Hot Springs Village AR
June 10, 2017

Tri the Village - Hot Springs Village, AR

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Tri the Village - Hot Springs Village, AR

Overview:

Welcome:

Welcome to Hot Springs Village, hosting the Tri the Village Sprint Triathlon. These event are brought to you by DLT Events.

Technical Guide and Conditions of Participation

This technical guide covers the procedures and information needed to participate in the Tri the Village Sprint Triathlon.

⚠ Important: *In case of a conflict between the information presented in this technical guide and any other source (other than an official communiqué from the organization or issued during the event), then the information found in this technical guide shall be taken as correct and final. By participating in this event, you are also agreeing to be bound by this technical guide, the instructions of the race officials and the Organization, and by the rules of the USAT.*

***Event Overview

The **Tri the Village Sprint Triathlon** is one of the events within the Arkansas Triathlon Series..

The Distances are: 500 yard Swim/13.5 mile Bike/3.2 mile Run

Sanction and Regulations

This is a USA Triathlon sanctioned event. It is incumbent upon the athlete to know and comply with all USAT rules prior to, during and post event. USAT rules shall apply to all competitors.

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Location

Venue Location

4 State region



Location with respect to Little Rock



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Race Site location: Balboa Rec Area, 488 Ponce De Leon Dr, Hot Springs Village, AR 71909, USA

Race Site is closest to the East Gate.



Hot Spring Village Gated Community Check in:

[Gate location Map / Village race site Map](#)

- All Participants will need to enter the village through one of the two manned gates.
- You will need to stop, give them your name and they will check the list and send you on in.
- If you coming and will be registering on site, you will also need to come through one of the two manned gates. You will be asked to check in and provide some data.
- Either way you should give yourself a little extra time to "check in at the gate" on race morning.

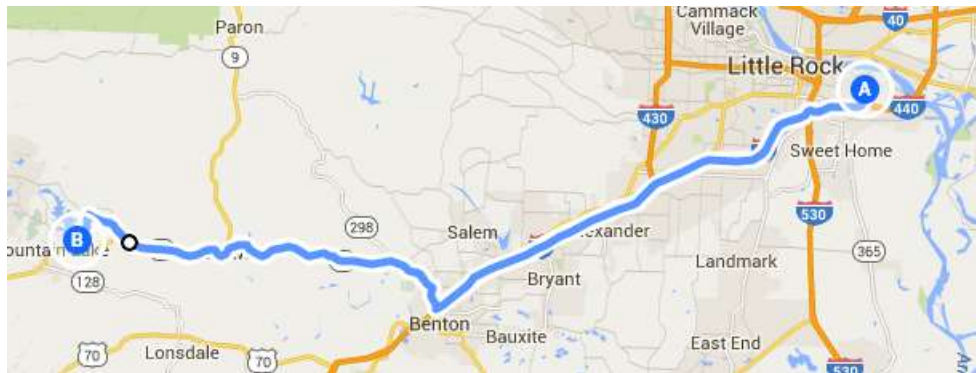
The Two Manned Gate Locations are:

West Gate Phone: 501.922.1640 4500 N Highway 7, Hot Springs Village, AR 71909	East Gate Phone: 501.922.5015 The Gate itself does not have an address. This address is across the street from the Gate. 25255 Highway 5, #B, Lonsdale, AR 72087
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Nearest Airport - Little Rock National Airport: 1 Airport Dr, Little Rock, AR 72202

Roughly a 50 Minute drive from Airport to race site. Balboa Rec area, 488 Ponce De Leon Dr, Hot Springs Village, AR 71909, USA



Accommodations

House Rentals With the Village:

Multiple vacation home rental groups: [link here](#)

Hotels/ Motels:

Hot Springs AR hotels are located about 20 - 30 mins from race site: [Hot Springs Lodging link](#)

RV and Camping:

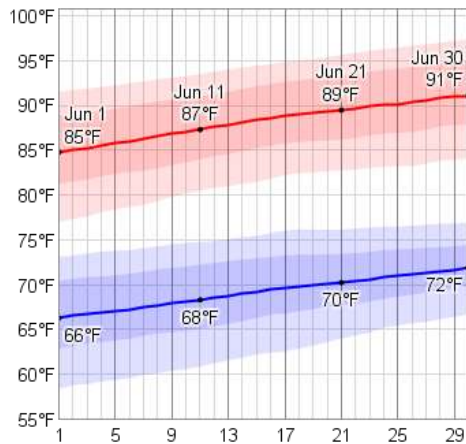
Hot Springs AR RV and camping opportunities: [Hot Springs Camping](#)

Local Transportation:

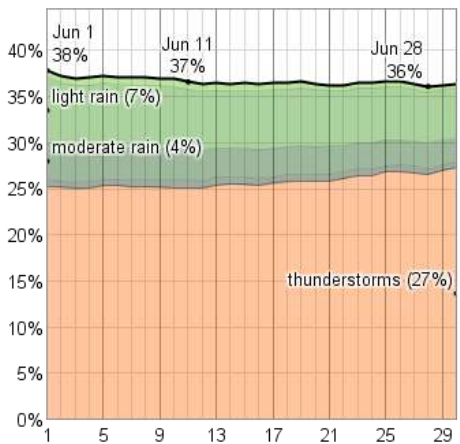
If you are flying in the area, it will be best to rent a vehicle.

Climate / Weather:

Average Temperature data.



Probability of Precipitation at Some Point in the Day in June



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Registration Information:

Registration:

Advance registration for all events is available online via the "I Am Athlete" Website as follows:

<http://www.imathlete.com/events/EventOverview.aspx?fEID=39169&z=1496868909988>

Important:

- **Online Registration Closes for the Tri the Village Sprint Tri on **June 9, 2016 at 10:00am CST****
- In person registration is also possible during the Packet pick up times listed with the event schedule.

Racing Licenses / ID Requirements.

- Whether registering online or in person, all participants must pick up their own race packet.
- Each participant must present a valid photo ID as well as either a valid annual UAST membership or will be required to purchase a One day permit.
- Only the individual registered is allowed to pick their race packet.
- This event has a no refund policy

Registration Fees

Triathlon 6/10/2017	Individual	Relay Team
1/6 - thru 11:59pm on 3/5/2017	\$65	\$113.75
3/6 - thru 11:59pm on 5/31/2017	\$69	\$123
6/1 - thru 10am on 6/9/2017	\$75	\$131
Onsite Registration 6/9 - 6/10	\$80 - Cash \$84 - CC or Debit	\$140 - Cash \$147 - CC or Debit

Event Schedule

Schedule of Events

Friday 6/9

(4:00 - 7:00pm) Packet pick-up for triathlon [Location MAP]

7:30pm - Balboa Sunset 5K Run Start

8:00pm - Post race fun, food and fellowship

9:00pm (approx) 5K run Awards Ceremony

Saturday 6/10 (Tri the Village Race Day Race Site Location) [Location MAP]

5:00am - Transition area opens

5 - 6:30am - Late Packet Pick up and Race Day Registration [Location MAP]

6:30am - Pre Race meeting at Transition area

6:45am - Transition Area closes (all bikes must be racked)

7:00am - Race Start: 1st wave (each wave separated by 3 - 5 min)

10:00am - Post race food & beverage

10:30am - Awards @ Race Site

Event Procedure

Start Area and Wave starts.

The Start line is scheduled to be approximately 100 ft wide. It is anticipated this event will offer wave start system with 3 Minute differential between waves. The Waves listed below could change based upon field size. Race Management reserves the right to combine or further divide the listed start waves.

Sprint Triathlon - June 10, 2017

Start groups	Wave #
Male 39 & under	Wave 1
Male 40 +	Wave 2
PC all	Wave 2
Clydes all	Wave 2
Female All	Wave 3
Athena All	Wave 3
Relay Teams	Wave 3

** Clydesdale and Athena Categories: will be started with your respective age group
Clydes - Males 220pounds or more, Athena's = Females 165 pounds or more*

Podium Ceremony / Awards info

It is requested for those achieving a Podium position stay for the Awards presentation.

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Hot Springs Village Triathlon Awards

Overall: Male & Female - 3 Deep Masters Male & Female 40+ - 1 Deep Grand Masters Male & Female 50+ - 1 Deep Clydesdale 220lbs+ Male - 3 Deep Athena 165lbs+ Female - 3 Deep Relay teams: Male/Female/Mixed - 3 Deep Physically Challenged - 3 Deep	Age Groups: - 3 Deep Males: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ Females: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+
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Timing and Results

Event Timing will be provided by Atomic Timing. In addition to back up manual timing all races will use Chrono track's chip timing. Results are scheduled to be post on our website within 24 hours after the after the event.

Sprint Triathlon:

- Each participant will be issued an ankle chip.
 - The ankle chips will be Issued on race morning.
- Timing Points
 - Swim Finish
 - Transition in's and out's
 - Finish Line

Parking

- Parking on event day will be within the Balboa Rec area.
- There are no parking Fee.
- Parking is first come first serve on race day.

Course Information

* **Important:** Course distances have been measured with GPS , but have not been certified.

* **Important:** Race course knowledge as per USAT rules:

USAT rule 3.4a Entire Course.

Participants must cover the prescribed course in its entirety. It is the participant's responsibility to know the course. Any violation of this section, even if no advantage is gained, shall result in a variable time penalty, unless the head referee in his sole discretion determines that (i) the violation was substantial and resulted in an unfair time advantage, or (ii) the violation constituted endangerment under Section 3.4(1). In the event the head referee makes such a determination, the penalty shall be disqualification.

Discussion points of rule 3.4a:

- The obvious premise of 3.4a is the requirement that each participant will traverse the entire course as laid out by race management. Enforcement and penalty assessment is determined by how much of the course was missed or cut by the athlete.

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- This rule is most often applied at events that have a multiple loop design for bike or run and athletes have been found doing less than the required number of loops.

On course Sag Support:

If during the event, you have a mechanical issue with your bike that you are not able to resolve. Please step off to the side of the road. We will have a support vehicle following the final riders. They can provide you a ride back to the main compound. Be aware it could take up to 30 minutes or more . Please be patient.

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Sprint Triathlon - Course information:

500 Yard Swim / 13.5 mile Bike/ 3.2 mile Run

Swim Course:

- 500 Yards
- In water chest deep start
- Counter Clockwise swim
- Exit on large boat ramp

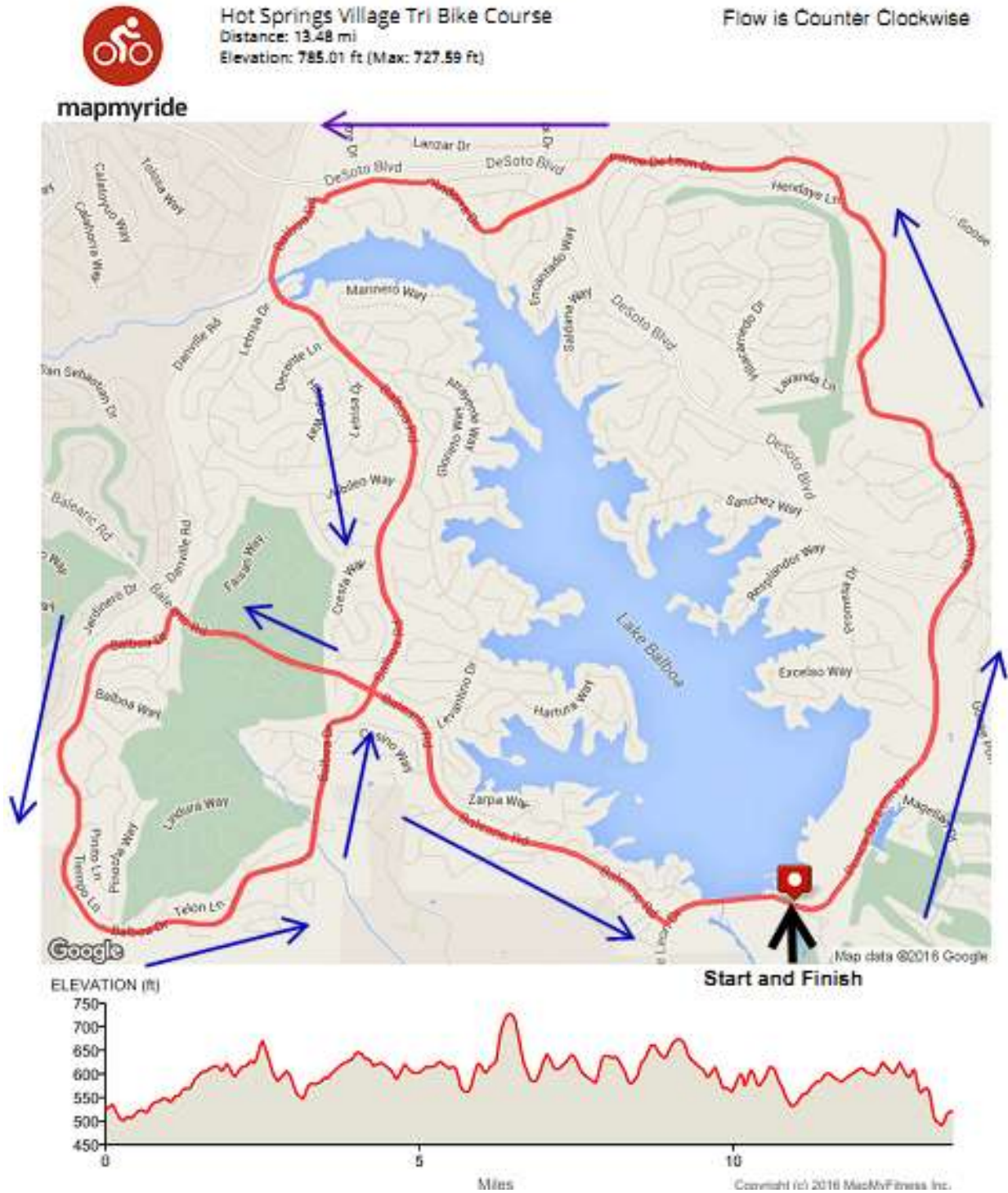


MapMyRide • <http://mapmyride.com/routes/view/977676943>

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Bike Course:

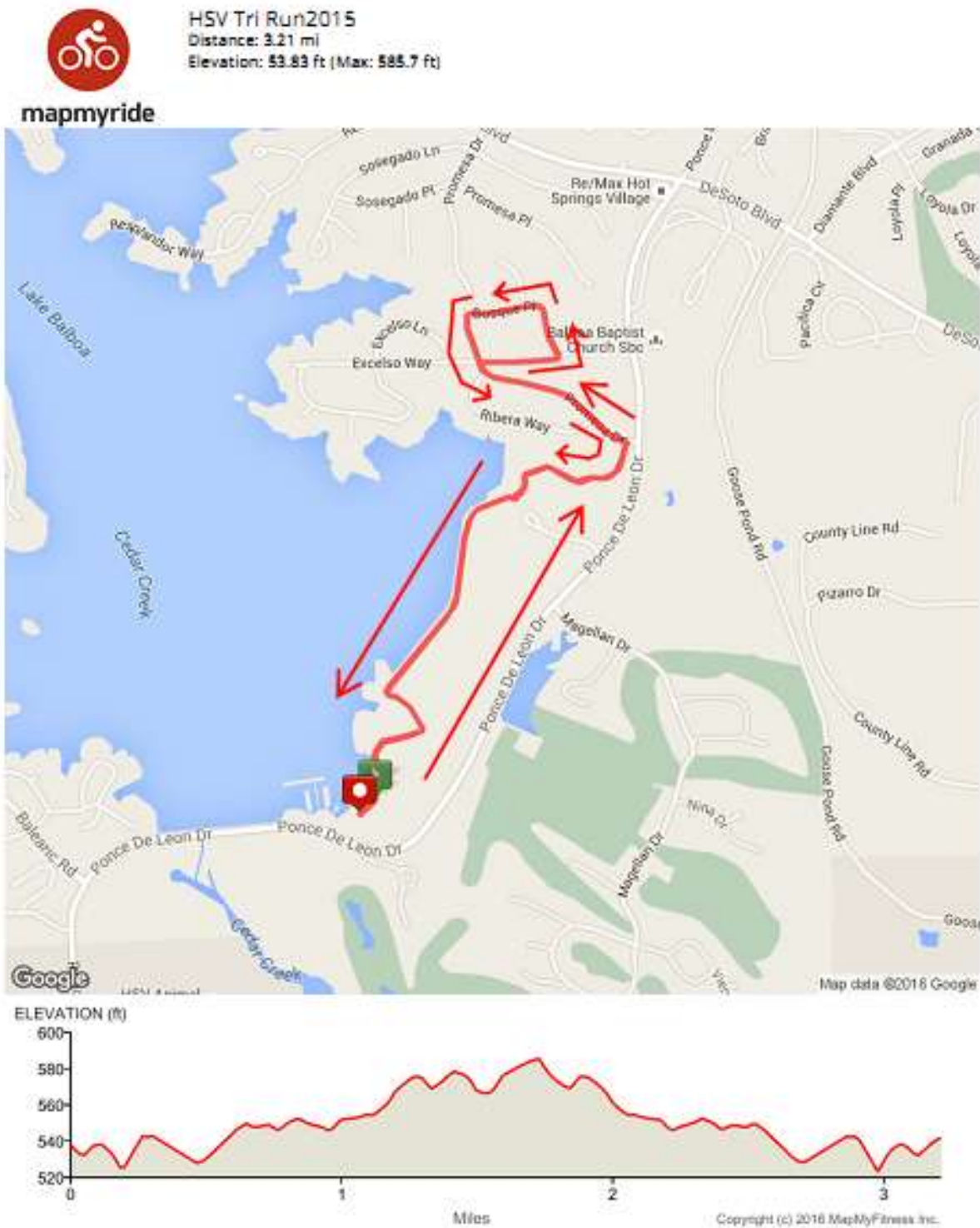
- 13.5 Mile
- Counter Clockwise flow



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Run Course:

- 3.2 Miles
- The course provides beautiful views of Balboa Lake
- Course is like a lollie Pop. With and out and back section with a loop at the far end.



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Emergency Information

In case of emergency (security risk, fire, accident or Injury outside of competition), assistance can be reached by calling 911 from any mobile phone or payphone,

On competition day at the venue, emergency first aid is provided for event participants and spectators. First aid will be available adjacent to the Finish area. Additionally, medical support will be available during competition across the length of the course. Please be advised, medical assistance will be dispatched during competition and will arrive as soon as possible.

Nearest Hospital

National Park Medical Center

1910 Malvern Ave, Hot Springs National Park, AR 71901

Phone: [\(501\) 321-1000](tel:5013211000)

Website: <http://www.nationalparkmedical.com/>

Shipping your Bike to the event:

- Arkansas Cycling and Fitness, will accept your shipment, assemble and disassemble and repack your bike.
- Contact them Directly for details.

2 locations, West Little Rock and Sherwood AR

Arkansas Cycling and Fitness:

Sherwood Store 501-834-5787 3010 E Kiehl Ave Sherwood, AR 72120	West Little Rock Store 501-221-BIKE (2453) 315 N Bowman, Suite 6-9 Little Rock, AR 72211	Arkansas Cycling and fitness website
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Onsite Sag Support

****Important: Each Athlete should be have their bike in good condition prior to arrival at race site as well as be prepared to repair your own bike during competition.***

The event will have a **Sag support** vehicle on the course. Please note, this is a courtesy service. Once notified it may take a period of time for the Sag vehicle to get to your location.

Organization Contact info

Should you need assistance or further information concerning the event please contact us as follows.

Email inquires during the time frame Starting on Nov 12 through Nov 15 may have delayed responses.

You are asked to first review this guide as your answer will most likely be found within. If it is a crisis situation during this period please call.

Race Director

- Fred Phillips
 - Tel 870 403 2790
 - Email: DLTevents@gmail.com

Assistant Race Director

- Logan Hall
 - Email: loganhalldltevents@gmail.com

Registration issues

- Rose Phillips
 - Tel 870 403 1379
 - Email: RPhillips94@yahoo.com

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